



26th Polar Bear Relays

Margaretta High School Stadium - April 1, 2023

**209 Lowell Street
Castalia, OH 44824**



Meet Manager Mark Freeh - mfreeh@margarettaschooldistrict.com

We would like to thank you for participating in the 26th Polar Bear Relays. Below please find important information for this event:

Teams: (8) - Fostoria, Woodmore, , Midview, Port Clinton, Seneca East, Tiffin
Columbian, Vermilion, and Margaretta.

Entry Fee: \$200 per school. Please make checks out to Margaretta Athletics and submit to the attention of Drew Grahl at above address. Please submit payment prior to event. Spectator tickets will be \$7 for adults and \$5 for students.

Start: Field Events will begin at 10am - Running Events (Finals) will begin at 11am.

Entries: All entries will be made on Baumspage. The window for entries is currently open. Entries window will close at 12pm on Friday, March 31, 2023. Meet results will be posted on Baumspage.
Field Events: Relay style with each school entering a relay team of 3 for each event except pole vault. **Pole vault relay teams will consist of two entries per school.** Each athlete will get four attempts. Team placements will be made based on the top attempt of each relay team member. In the event of a tie, the first tie-breaker will be the team with the best individual effort. Second tie-breaker for vertical events is total number of relay team misses.
Running Events: Relay style with each school entering 1 relay team for each event. FAT timing will be used.
See attached order of events.

Scoring/Awards: We will score 8 places using the 10-8-6-5-4-3-2-1 format. Team awards will be presented to the top two scoring teams for both boys and girls. Individual awards will be presented to the top 4 placing relay teams.

Miscellaneous:

- Teams are asked to supply their own batons and starting blocks
- Concession stand will be open. Please NO team meals.
- Schools can set up camps on the stadium hill, near the visitors concessions, or under the home grandstand.
- Bus parking will be at the Margaretta Township Building located near the visitor ticket gate on E. Lucas Street

2023 Polar Bear Relays

TIME SCHEDULE AND ORDER OF EVENTS

Timetable - Field Events – 3 participants per school, 2 participants in PV

10:00 AM Girls Shot Put
Boys Discus
Girls Pole Vault
Boys High Jump
Girls & Boys Long Jump (Open pit 10am to Noon)

Boys Shot Put - After girls
Girls Discus - After boys
Boys Pole Vault - After girls
Girls High Jump - After girls

Timetable - Running Event Finals

11:00 AM Girls 4 x 1600m Relay
Boys 4 x 1600m Relay
Girls 4 x 100m Shuttle Hurdle Relay (30'')
Boys 4 x 110m Shuttle Hurdle Relay (30'')
Girls 4 x 200m Relay
Boys 4 x 200m Relay
Girls 4 x 800m Relay
Boys 4 x 800m Relay
Girls 4 x 100m Relay
Boys 4 x 100m Relay
Girls Sprint Medley Relay (100, 100, 200, 400)
Boys Sprint Medley Relay (100, 100, 200, 400)
Girls Distance Medley Relay (800, 400, 1200, 1600)
Boys Distance Medley Relay (800, 400, 1200, 1600)
Girls 4 x 400m Relay
Boys 4 x 400m Relay

GENERAL NOTES

1. Non-participating athletes will not be permitted inside the fenced area of the track during the running of the meet.
2. Awards will be given to the coaches immediately after the meet with the results. Results will be posted on baumspage.com throughout the meet.
3. All relay teams must report to the clerk of course by the 2nd call.
4. Trophies will be given to the 1st and 2nd place teams in the meet.
5. Medals will be given in each event to the 1st place team with ribbons given to 2nd, 3rd, and 4th place teams.
6. Lane assignments will be rotated.
7. A concession stand will be open during the meet.
8. We have an all-weather track. Please make sure all spikes are ¼ or 1/8 inch.
9. Event scoring will be: 10-8-6-5-4-3-2-1

26th Polar Bear Relays

Margaretta H.S. – April 1, 2023 - 10:00 AM

Entry Window Opens: 8:00 AM, Sunday, March 5th

Entry Window Closes: 12:00 PM, Friday, March 31, 2023

1. **Rosters must be submitted through Baum's Page Online Entry System before the entry deadline.**
 - a. Late entries will not be accepted! Or if accepted, may be subject to a Late Entry Penalty.
2. **Please note the following details on baumspage.com!**
 - a. **All User Accounts from last year were retained, but the associations with the schools and teams were deleted.**
 - b. After login, the coach will be able to add multiple teams/sports/genders to the same account!
 - c. High school athletes were advanced one grade and retained. Please delete those that are no longer participating!
3. Go to www.baumspage.com and use **Online Entries** or **Login** to access your account
 - a. Click the **Help** link and print **Online Entry Instructions for Track** if you need detailed instructions.
 - b. **If you did not have an account last year, use Apply** to create your account.
 - c. **If you had an account last year, you can log in using that e-mail address and password.**
4. Use **Coaches | Select Teams** to select your **School**.
 - a. Click **Get available teams** and then click **Make me the Coach**.
 - b. Note: After selecting your teams, you may need to refresh your screen or Logout and Login again!
5. Use **Coaches | Track | Modify Athletes** to enter your athletes on your alphabetic roster.
 - a. You may enter athletes one at a time by filling in the name and grade, then **Add Athlete**.
 - b. Or you **can import your complete roster by pasting them** from an Excel file. Use one row per athlete: Number, First Name, Last Name, and Grade. Highlight and paste into the textbox, then click **Import Athletes**.
6. Use **Coaches | Track | Submit Rosters** to enter athletes, relays, and marks.
 - a. **Include everybody that could possibly compete!** Submit a complete roster before the entry deadline!
 - b. **To enter individual events:** Select the athlete from the list and enter a mark.
 - c. **To enter a relay:** Select the 4 anticipated relay team members and enter a time...
(1) List in the expected order. Changes may be made before the team competes.
 - d. Click **Submit Roster** to save entries. Use **Get Printable Roster** to print a copy for your records. *Only the athletes listed are entered in the event!
7. The **Online Scratch/Substitution option** is included as part of the entry template. If used, it will only be accessible **after the entry window closes and prior to the scratch deadline!**
 - a. Use **Coaches | Track | Submit Rosters** to access the entry template.
 - b. A **Scratch/Substitution** box will be available below each event.
 - c. List your changes in the correction box | click **Add Scratch Info** | repeat for additional changes.
 - d. The **Scratch/Substitution window will close precisely at the time posted above!**
8. **If there are any problems with the Online Form, click the Contact Us link and submit a Help Request.**
 - a. Please allow up to 8 hours for a response! *Most responses will be in less than 4 hours.
 - b. In an emergency, call **Gary Baumgartner: 513-594-6154 or Terry Young: 740-517-0195.**